

INTERNAL DIVISIONS

TIME LIMITS

All internal divisions: The standard deduction for time violations is 0.1 point deduction for each 5 seconds over or under the specified time limit. This will be assessed by the Score Keeper to the Averaged final score at the direction of the Head Judge.

The time limit for all events not specifically defined below will be a minimum of 30 seconds and a maximum of 2 minutes.

1. Tai Ji Quan - All Divisions

The minimum time limit for all Tai Ji Quan divisions is **3 minutes**, with a maximum of **3 minutes and 30 seconds**. At the end of **3 minutes** the Head Judge will call out "**3 MINUTES**". The competitor then has an **additional 30 seconds to finish** without penalty, at which point, "**TIME**" will be called. Stop the clock only when the competitor is completely finished with the form (or as directed by the Head Judge). Inform the Score Keeper of the "Official Time".

2. Ba Gua Zhang, Xing Yi, and Other Internal Forms - All Divisions

The minimum time limit for "other" internal events is **45 seconds**, with a maximum of **2 minutes, 30 seconds**. At the end of **2 minutes** the Head Judge will call out "**2 MINUTES**". The competitor then has an **additional 30 seconds to finish** without penalty, at which point, "**TIME**" will be called. Stop the clock only when the competitor is completely finished with the form (or directed to by the Head Judge). Inform the Score Keeper of the "Official Time".

3. Internal Weapons - All Divisions

All Dao (Saber) and Jian (Sword) must be able to sustain its own weight when placed on its tip. The tip of a Dao (Saber) or a Jian (Sword) must reach the top of the competitor's ear when held at the competitor's side. The minimum time limit for all Internal Weapons divisions is **1 minutes**, with a maximum of **3 minutes and 30 seconds**. At the end of **3 minutes** the Head Judge will call out "**3 MINUTES**". The competitor then has an **additional 30 seconds to finish** without penalty, at which point, "**TIME**" will be called. Stop the clock only when the competitor is completely finished with the form (or directed to by the Head Judge). Inform the Score Keeper of the "Official Time".

4. 24 Tai Ji Quan and 32 Tai Ji Sword

Both forms are to be played to completion, no time limit. These two forms **MAY NOT** be played in the Other Tai Ji Quan Divisions

5. Liuhe Bafa Hand and Liuhe Bafa Sword

The minimum time limit is **3 minutes**, with a maximum of **3 minutes and 30 seconds**. At the end of **3 minutes** the Head Judge will call out "**3 MINUTES**". The competitor then has an **additional 30 seconds to finish** without penalty, at which point, "**TIME**" will be called. Stop the clock only when the competitor is completely finished with the form (or directed to by the Head Judge). Inform the Score Keeper of the "Official Time".

6. Competitors performing Simultaneously

Depending on the number of competitors in the Tai Ji Quan and Liehu Bafa Divisions, it may be necessary to have two competitors perform at the same time.